



## **CRAB SALAD RECIPE**

*Make a circle of thinly sliced CUCUMBER on a serving plate Mix whatever you like:*

*TUNA/CRABSTICKS/PRAWNS/FRIED LEFTOVER HAKE or SALMON (all chopped) with ONION*

*(chopped), parsley or dill and HELMAN'S MAYONNAISE, LEMON JUICE, SALT & PEPPER*

*Put ring over cucumber and spoon in a layer of the fish*

*Chopped AVO on top*

*Decorate with MICROHERBS*