



U3A NEWSLETTER NO. 107, JUNE - JULY 2022

Dear U3A Members

Life seems to be returning to a semblance of 'normality', despite warnings of a Fifth Wave of Covid. Masks should be worn indoors but this protocol seems to be largely ignored, in general. The East London U3A branch has had two successful and interesting General Meetings. Roy Gordon spoke in April on 'A Life worth Living, Ramblings of an Aged Headmaster', discussing his experiences at various schools. On 12 May, Janet Rous spoke about 'Fraud Awareness'. She and a colleague discussed the various techniques used by fraudsters to scam people and also gave examples of incidents where they had been involved in catching some of the perpetrators.

Welcome to new members Penny Lindstrom, Kathy Naylor, David Scheckter and Helena Archer. May U3A enrich your lives and may you enrich the East London U3A branch. Penny has kindly agreed to be co-opted onto the Committee.

GENERAL

1. The Mystery of the Missing Name Badges:

Name badges for members who joined just before and during lockdown have mysteriously disappeared from the St Andrews club house. If you have not received your name badge, please ask Gwen Syversten on 076 106 4836 to print you another one. Name badges will be available for collection on 9th June 2022 at the entrance table at St Andrews at the next General Meeting.

Please remember to wear your name badges to meetings! If you have lost your name badge you may order a new one at the replacement cost of R10.00.

2. Zoom presentations:

Although most U3A have returned to normal activities, we are still receiving Zoom links for some presentations from other U3As. Currently there are 30 members who are on our mailing list to receive these links. Please advise me on WhatsApp/sms on 083 651 7892 or email gillansell@iafrica.com if you wish to be added to or removed from this mailing list.

3. Quizzes:

We are indebted to Alan Caufield who has kept 20 plus of our members challenged, throughout lockdown to the current date, by sending us regular quizzes. These are sadly coming to an end. He sent the penultimate ones from Turkey and will shortly be sending the last ones from England. I shall be sending him a letter of thanks on behalf of our U3A EL "Quizzlings"

4. July 2021 – June 2022 Subs:

Emails/letters have been sent to all members whose subs for this period are outstanding. Please pay the R50.00 due, otherwise we shall assume that you want to wish to terminate your U3A EL membership and will be taken off our membership and mailing lists. You would be welcome to re-join at any time in the future but will be required to fill in a new membership application form.

BANKING DETAILS:

Name: U3A East London

Standard bank: Frere Square

Branch Code: 051001

Current Account Number: 036 392 626

Our Reference: Your name and surname

Please email your proof of payment to the treasurer at sheilsgo@gmail.com. If you are not sure whether you owe subs for this period, please contact the membership secretary, Clare Fowle, on 083 248 3699.

5. Speakers for June and July

The Speaker for the General meeting of 9th June will be Barbara Davies who will discuss 'Laughter Therapy'. Dr. Misra, Dermatologist, will be the Speaker on 'Skin Cancer' on 14th July

6. AGM

The Next AGM will take place on Thursday 11th August 2022. The AGM will start at 9.30am and the General Meeting will start at 10am. The Speaker on the 11th August will be Kerry Hiles.

Nominations need to be made for the 2022-2023 Committee as existing Committee members are not automatically on the Committee. Nomination forms will be provided.

Sheila Godfrey, who has done a sterling job as Treasurer, will not be standing for re-election. Jane Potgieter has asked for volunteers to please come forward to fill the post of Treasurer

ARMCHAIR TRAVEL

The *YouTube* "Great Lake Baikal Adventure" talk last month was a great success. We will follow it up with another such talk in July

The talks are in the Indaba Room at 10am.

6th June "Thailand-The Land of Smiles" (Nita Laing)

4th July "Three months in Japan" (Dr Ian Glass) {*YouTube*}

John Stoddard

082 466 7095

COMPUTERS

Classes take place on the second Monday of the month. The classes will be on 13th June and 11th July.

Classes start at 9.30 am at Pam's home.

Pam Hobson

043 735 2584

082 542 6296

pdfhobson@gmail.com

THE U3A EAST LONDON WRITING GROUP

The Writing Group meets on the fourth Friday of each month at 3pm. Dates are 24th June and 22nd July.

Meetings take place at the home of Linda Smith, 26 Neale Road, Vincent (off Chamberlain, opposite the sports fields) starting at 15h00. We offer a blended meeting: either face-to-face at Linda Smith's or by Zoom.

If you would like to join online please use this link:

<https://byupathway.zoom.us/j/4811968111?pwd=SjJlCQ0lYVtZYM0w1MlpWMUNDmzFjUT09>

Sobhna Poona

084250 7281

BOOK CLUB

The Book club meets on the fourth Wednesday of each month. It is a closed group. Next meetings are on 22nd June and 27th July

Ellen Ettinger

083 656 4816

SAMBA / CANASTA GROUP

The group meet at The Oak Room at Parklands on the second Wednesday of the month from 9.15 to 12.00.

Samba/Canasta dates will be 8th June and 13th July

Gill Ansell

083 651 7892

MAHJONGH: OAK ROOM, PARKLANDS: Specified Fridays 09h30 – 12h00

Mahjong group meet on 10 and 17 June; 1, 15, 29 July in The Oak Room at Parklands from 9.20 to 12.00. For those who need to plan ahead, our bookings for the remainder of the year are: 12 and 19 August; 2, 16 and 30 September; 14 and 21 October; 4, 18 and 25 November. Start time is 09h30, but members need to arrive by 9h20 for the necessary administration work and table arrangement.

Gill Ansell

083 651 7892

JSE/FINANCIAL AFFAIRS

John will be away from June to August. Presentations will resume in September.

QUIZZES

Due to lack of interest in the Quizzes, it has been decided to discontinue this Course. Thanks go to Helen Batting for undertaking to organize the Quizzes.

isiXHOSA BASIC SPEAKING CLASSES

Please note CHANGE OF VENUE: The new venue is Ann King's flat, 101 Douglas Murray Wing, Stirling Lodge, Epsom Road

The classes will take place on Tuesdays from 2.30pm - 3.30pm. Dates for June are 7th, 14th, 21st and 28th June. July dates are 5th, 12th, 19th, 26th July

Nita Laing

082 898 6394

POETRY APPRECIATION

The course takes place at 101 Douglas Murray Wing, Stirling Lodge, 17 Epsom Road and starts at 10 am on the second Monday of every month. On 13th June the theme will be 'Flowers'. The following month the meeting will be on 11th July

Ann King, 083 774 663

GARDEN CLUB

Six members met at Stirling Lodge for our first Meeting since Lockdown. The visitors were taken through the gardens of the cottages and of the Lodge. They admired the beautiful gardens, full of colour and a wide variety of plants. The next meetings will be on 14th June and 12th July 2022. Next month (14th June) a visit is planned to Hardie Smith's, largely succulent, garden, at 40 McKenzie Road, Stirling. Members who require transport must please advise Ann timeously. They will then meet at 10am at the top gate of Stirling Lodge on 14th June if a lift is required. Otherwise, meet outside Hardie's home.

Ann King

083 774 7663

MUSIC APPRECIATION

Music Appreciation will take place in the Oak Room at Parklands on the third Wednesday of each month. Dates are as follows: 15th June will be Rule Britannia . . . The English. On 20th July the presentation will be 'With a Song in My Heart'

Carol Keep

072 508 0936

GILBERT AND SULLIVAN

Since the number of interested participants is so small, Ann King has graciously offered her lounge as a venue unless numbers increase to more than ten. She is in Room 101, Douglas Murray Wing, Stirling Lodge, 17 Epsom Road. The Meetings will take place on the third Tuesday of the month from 10 - 12.

The comic opera *HMS Pinafore* by Gilbert and Sullivan was enjoyed by a very select number of four members and two visitors on Tuesday morning, 17th May. The next G&S presentation will be held on the 3rd Tuesday of the month (21st June) and the opera chosen is the very popular *Pirates of Penzance*. With small numbers it will be held in Ann King's lounge, but we will keep you informed. Any interested members should contact Dave on details provided below.

Dave Donkin

063 665 4360

djdonkin1936@gmail.com

BIRTHDAYS

Wishing all our members who have birthdays in June and July a very happy birthday.

JUNE: Nita Laing, 2nd; Pat Eloff 4th; Golda Hundermark, 4th; Patrick Steele, 12th; Hazel James, 12th; Annegret Mostert, 14th; Lareen Falkenberg, 14th; Sandra Epstein, 15th; Gilly Gooud, 16th; Noelene Arends, 16th; Shirley Hartwig, 20th; Yvonne Kidson, 20th; Paddy Garret, 21st; Joseph Kristafor, 21st; Maria Vorster, 24th; Noreen Zietsman, 28th; Gill Ansell, 29th; Ellen Ellis, 30th.

JULY: Helen Batting, 6th; Elaine Bourbon, 9th; John Badenhorst, 9th; Annmarie Martinson, 16th; Maureen Wells, 20th; Ruth Volpe, 21st; Tim O'Sullivan, 23rd; Basil Wingreen, 25th; Jenny Alcock, 26th; Biddy Braithwaite, 28th; Elizabeth Watkins, 30th; Sue Goldswain, 30th.

Sheila Godfrey's telephone number was quoted incorrectly in the last Newsletter. Herewith contact details for Committee Members:

CHAIRLADY: Jane Potgieter, 082 576 6412

VICE CHAIRMAN: Peter Dangerfield, 072 288 9350

SECRETARY: Sandra Johnston, 082 838 3676

TREASURER: Sheila Godfrey, 082 519 3863

NEWSLETTER: Diana van Cittert, 083 692 1159

MEMBERSHIP: Clare Fowle, 083 248 3699.

Gwen Syversten is in training for membership, 076 106 4836

SPEAKERS: Jane Potgieter, 082 576 6412

Meg Clark, 084 870 0008

COURSES: Jane Potgieter, 082 576 6412

Peter Dangerfield, 072 288 9350

FRONT OF HOUSE/REGISTER: Peter Dangerfield, 072 288 9350

PUBLICITY/RECRUITMENT: Clare Fowle, 083 248 3699

TEAS/REFRESHMENTS: Meg Clark, 084 870 0008

Diana van Cittert, 083 692 1159

CO-OPTED MEMBERS: Angie Carlson, 083 731 7203

Penny Lindstrom,

Hoping to see more members (and non-members) attending the Various Courses, as the Course Leaders take time and effort in preparing and presenting the various options and, people on chairs, encourage them to continue with their efforts. Suggestions for new Courses and people prepared to organize Courses are always welcome to put forward their suggestions. We do not want the East London U3A to be a static group. Covid has taken its toll on many of us in various ways and it's time to get going again.

Hoping that June and July be 'growing' months in as many ways as are possible.

Diana van Cittert

