

U3A (University of the Third Age) is a learning co-operative for 'third agers'. It is committed to providing life-long opportunities for people no longer in full-time employment and contradicts the view that there is inevitably an intellectual decline as people become older. International experience has proved both that older people are able to organise interesting activities and that there is a wealth of skill and knowledge available.



U3A aims to provide stimulating courses where knowledge can be shared and new skills learned. The accent is on learning and fellowship.